----------------------------------------------------------------------Reference Letter----------------------------------------------------------------------

To whom it may concern,

This reference letter is to give medical information about our patient, who has been treated for the following allergic disease(s). I prefer that he/she be taken care of during his/her stay in your country when needed.

Patient’s Name:

Date of birth:

Age:

Gender:

Address:

He/She was diagnosed as the following disease(s):

food allergy

hen’s egg/cow’s milk/wheat/peanut/walnut/cashew nut/

buckwheat/shellfish/fish egg and or others

anaphylaxis

foods/insect stings/drugs and or others

bronchial asthma

atopic dermatitis

allergic rhinoconjunctivitis

others

“EpiPen® Injector  0.3 mg or  0.15 mg” has been prescribed for him/her, which is an epinepheline/adrenaline self-injector for the treatment of anaphylaxis. The detail of his/her laboratory findings and medications are described below.

Laboratory Data: (Please see the attached document)

Prescribed medications:

I hope that he/she seeks medical attention at your clinic/hospital when needed, and receive appropriate care. If you have any question concerning the detail, please feel free to contact me at the address or phone below.

Date:

Physician’s signature:

Physician’s name (Print):

Occupation:

Institution/Department: Department of Pediatrics, XXXXX hospital

Address: xxxxx, xxx City, 123-456, Japan

TEL/FAX: +81-xx-xxx-xxxx / +81-xx-xxx-xxxx

----------------------------------------------------------------------Reference Letter----------------------------------------------------------------------

**記入例**

To whom it may concern,

I would like to give you medical information about our patient, who has been treated for the following allergic disease(s). I would like you to take care of him/her during his/her stay in your country.

Patient’s Name: Haruka Kanata

Date of birth: Mar. 3. 2014

Age: 5 years old

Gender: Female

Address: 123-4 Nagata-cho, Chiyoda-ku, Tokyo 100-9876, Japan

He/She was diagnosed as following diseases.

food allergy

hen’s egg/cow’s milk/wheat/peanut/walnut/cashew nut/

buckwheat/shellfish/fish egg and or others

anaphylaxis

foods/insect stings/drugs and or others

bronchial asthma

atopic dermatitis

allergic rhinoconjunctivitis

others

I prescribed “EpiPen® Injector  0.3 mg or  0.15 mg”, which is epinepheline/adrenaline self-injector for the treatment of anaphylaxis. The detail of his/her laboratory findings and medications are described below.

Laboratory Data: Total IgE 1234.5 IU/mL, Specific IgEs (ImmunoCAP®) {egg white 43.2 kUA/L, egg yoke 2.1 kUA/L,   
ovomucoid 32.1 kUA/L, cow’s milk 54.3 kUA/L, wheat 23.4 kUA/L, and ω5-gliadin 12.3 kUA/L}

Prescribed medications:

1. Olopatadine hydrochloride 2.5 mg twice a day for two weeks

I am confident that our patient seeks medical attention at your clinic/hospital, and he will receive appropriate care. If you have any question concerning the detail, please feel free to contact me at the address or phone below.

Date: Apr. 4 2019

Physician’s signature: Taro Suzuki

Physician’s name (Print): Taro Suzuki

Occupation: Vice Director

Institution/Department: Department of Pediatrics, Ueno University Hospital

Address: 3-13-1, Ueno, Taito-ku, Tokyo 123-456, Japan

TEL/FAX: +81-3-6806-0203 / +81-3-6806-0204